# Adult Programs

# How to Create an Online Account

You can register for our virtual and in-person classes in the comfort of your own home. If you are not sure on how to register for programs online, Debbie Mills, registration specialist for the Buffalo Grove Park District, will walk you through each step. Within a few minutes, you will know everything you need to register quickly and easily. Email Debbie at dmills@bgparks.org, and she will contact you to set up an appointment.

#### CJE SeniorLife

Are you confused by Medicare Part D? Do you need to know if you qualify for other assistance? CJE has the answers. CJE SeniorLife's resource specialists provide older adults with free information, assistance, and advocacy in the areas of benefits eligibility check-up, Social Security, health insurance, Medicare, Medicare Part D and Medicaid. Learn about Medigap Insurance, prescription drug programs, and even learn how your employee benefits compare with Medicare. A representative of CJE SeniorLife will be available to answer your questions and assist you in filing for these programs. For more information, or to schedule an appointment, call 773.508.1000.

# Drawing & Painting (S)

Discover the joys and magic of painting in oils and acrylics under the guidance and inspiration of professional artist Enid Silverman. Beginning, intermediate, and advanced students will be given individual attention as they are taught how to develop and improve their drawing and painting skills, while choosing their own subject matter. Beginners will be given supplies for the first class. Thereafter, participants will be required to purchase minimal supplies as needed. For more information, contact Megan Baird at 847.850.2119 or megan@bgparks.org.

Age: 18 years and up

Code	Day	Date	Time	ID/OD Fee
110107-01	Tue	June 11 - July 23	10 am - 12 pm	\$85/\$105
110107-02	Tue	June 11 - July 23	1 - 3 pm	\$85/\$105
110107-03	Tue	June 11 - July 23	6:30 - 8:30 pm	\$85/\$105
110107-04	Wed	June 12 - July 24	10 am - 12 pm	\$85/\$105
110107-05	Wed	June 12 - July 24	1 - 3 pm	\$85/\$105
110107-06	Wed	June 12 - July 24	6:30 - 8:30 pm	\$85/\$105
110107-07	Tue	July 30 - Sep 10	10 am - 12 pm	\$85/\$105
110107-08	Tue	July 30 - Sep 10	1 - 3 pm	\$85/\$105
110107-09	Tue	July 30 - Sep 10	6:30 - 8:30 pm	\$85/\$105
110107-10	Wed	July 31 - Sep 11	10 am - 12 pm	\$85/\$105
110107-11	Wed	July 31 - Sep 11	1 - 3 pm	\$85/\$105
110107-12	Wed	July 31 - Sep 11	6:30 - 8:30 pm	\$85/\$105
Instructor: S	Silvermaı	n	Location: Alcott Center	



## Musical Monday

June 10, July 8, and August 12

1 - 2 pm

Alcott Center

#### **FREE**

Join us this summer for Monday afternoon musical fun. Our summer lineup begins in June with Edizon Dayao, continues in July, with Maureen Christine, and concludes in August with Frank Lee. These 3 performers cover a wide variety of genres. This program will be held outside in front of the Alcott Center. Be sure to bring your lawn chairs so you will be comfortable while you enjoy these outstanding performances. For more information, contact Megan Baird at 847.850.2119 or megan@bgparks.org.

# Senior Adults Growing & Exploring (SAGES)

Thursday, June 13, June 27, July 11, July 25, August 8, and August 22 10 - 11:30 am

Online

**FREE** 

SAGES is a group for retired, semi-retired, or soon-to-retire seniors 50 and older who are interested in enjoying newfound freedom, exploring the future, and making new friends with like-minded people. Please join Judy and Michael Yublosky, along with other group members and friends, as they discuss issues of the day and laugh a bit while using Zoom. For more information, or to sign up, please go to http://sagesofbg.wordpress.com/ blog/, and use the contact form at the bottom of the page. You do not need to be a member of SAGES to participate. For more information, contact Megan Baird at 847.850.2119 or megan@bgparks.org.

# Public Safety Breakfast Club

Monday, June 17, July 15, and August 19 10:15 - 11 am Alcott Center

**FREE** 



Join representatives from the Buffalo Grove CACABAGELBIALY Police and Fire Departments at the Alcott Center. Various safety topics will be dis-

cussed. Have all of your concerns answered, learn what's going on in your neighborhood, and more. Bagels and cream cheese will be served, courtesy of Original Bagel and Bialy in Buffalo Grove. For more information, contact Megan Baird at 847.850.2119 or megan@baparks.org.



#### Edward L. Ryerson Conservation Area Walk

Thursday, June 20 10 am 60 years and up Edward L. Ryerson Conservation Area Asking donation of \$2



Let's take a scenic walk through the Edward L. Ryerson Conservation area. We will do approximately a 1.5-mile walk together on a nature path (non-paved). You are encouraged to bring any walking aids/water/

hats/sunscreen to help you with your walk. You can also bring a camera to take photos of nature. This program is open to seniors age 60 years and older. This program is brought to the community through a partnership between the Buffalo Grove Park District and Catholic Charities Lake County Senior Services. Call Kari Pohar at 847.740.6708 to register or with any questions. The Edward L. Ryerson Conservation Area is located at 21950 Riverwoods Road in Riverwoods. For more information, contact Megan Baird at 847.850.2119 or megan@bgparks.org.

#### **Current Events**

Thursday, June 20, July 18, and August 15 10:15 - 11 am Alcott Center FREE

Join Rabbi James Gordon, director of pastoral services at Warren Barr of Buffalo Grove, for an hour of current events. Rabbi Gordon, a very inspirational speaker, will lead the group in topics that will include local, national, and international politics; human interest stories; and sports. Rabbi Gordon is an attorney, sports enthusiast, and former political advisor. This program runs once a month at the Alcott Center. Dates are subject to change. For more information, contact Megan Baird at 847.850.2119 or megan@bgparks.org.

# Memory Café

Thursday, June 27, July 25, and August 22 2 - 3 pm Alcott Center

FREE This ma

This monthly program offers individuals with memory loss and their caregiver an opportunity for connection and conversation. This program is free and open to all. Registration is required at calendar.vapld.info, by phone at 224.543.1485, or in person at any public service desk at the Vernon Area Library. Sponsored by Belmont Village, Buffalo Grove Community Foundation, Buffalo Grove Park District, Buffalo Grove Police Department, Indian Trails Public Library, Sunrise Assisted Living, and Vernon Area Public Library. For more information, contact Megan Baird at 847.850.2119 or megan@bgparks.org.

#### Mah Jongg Tournament

Join us for our Mah Jongg Tournament. A Chinese meal catered by Yen Yen will be served before the tournament begins. Please bring your own card, tablecloth, and Mah Jongg set. You must make sure your whole group signs up at the same time. Tables of 5 are welcome. A complete list of all players playing at your table must be turned in to the front office at the time of registration. You may bring a small snack tray table. For more information, contact Megan Baird at 847.850.2119 or megan@bgparks.org.

Age: 18 years and up

Code	Day	Date	Time	Fee
150941-02	Thu	Aug 8	11:30 am - 3:00 pm	\$20

**Location**: Alcott Center

### Tall Tales - America's Fairy Tales

Monday, August 26 1 - 2 pm 60 years and up Alcott Center Asking donation of \$1



Let's learn some more about Tall Tales - American Fairy Tales. Pecos Bill, Paul Bunyan, John Henry, and Johnny Appleseed are examples of tall tales. We will explore a variety of tall tales and some history behind them. This

program is open to seniors age 60 years and older. This program is brought to the community through a partnership between the Buffalo Grove Park District and Catholic Charities Lake County Senior Services. Call Kari Pohar at 847.740.6708 to register or with any questions. For more information, contact Megan Baird at 847.850.2119 or megan@bgparks.org.

