

Fitness Center's Phase 5 Plan Effective June 11, 2021

When we move to Phase 5 on Friday, June 11, please be aware that we will reactivate all currently frozen/suspended memberships on Tuesday, June 15. That will allow members with frozen/suspended memberships to use their two weeks from March 2020 to come in and experience all the new changes we have made to the facility. We will begin regular billing on Thursday, July 1, 2021*.

Please review the information below, including an update on towel service and hot tub, sauna, and steam rooms.

Membership: The State of Illinois has tentatively scheduled Friday, June 11 as the beginning of Phase 5. We understand that not everyone may be comfortable coming back to use the Fitness Center yet. If you feel that you are not ready to return to the facility to workout once we enter Phase 5, we encourage you to email fcbilling@bgparks.org or call 847.353.7551, to let us know. We understand that the date may change based on several factors, and if it does change, we will readjust our activation date accordingly, and notify all members.

Towel Service: Towel Service will be available on Thursday, July 1.

Hot Tub, Sauna, and Steam Rooms: The hot tub, sauna, and steam rooms will all be operational on Monday, June 14. A reservation is not required; but, we do recommend practicing social distancing while using any of these amenities.

Fitness Equipment: Beginning in Phase 5, we will discontinue using our current Stop and Go Cleaning Signage on the fitness equipment. Our staff will continue to be on the floor to enforce our rules and keep up our high standard of cleanliness, but it will also be important for members to clean the equipment they are using before and after each use.

Masks: The Fitness Center will allow members to workout and move about the facility without a face covering if they are fully vaccinated. In compliance with the CDC and State of Illinois, unvaccinated members are still required to wear a mask at all times while in the facility.

Reservations: In Phase 5 and beyond, we will continue to keep a reservation system in place for group exercise classes, the pool, and pickleball court.

Locker Rooms: All lockers and showers will open on Monday, June 14.

Kids Club: We are continuously evaluating membership numbers to see if we can bring back Kids Club. Once our membership numbers increase to the point that we can financially handle the expense, or find an alternative option, we will offer that amenity again.

Live Group Ex Classes: We will continue to expand our live group exercise class schedule and utilize our new outdoor fitness platform as much as possible. Please visit bgfitness.org for the most up-to-date class schedule.

Virtual Group Ex Classes: As we enter Phase 5, we will continue to have a virtual group exercise class schedule to accommodate our members who do not yet feel comfortable coming in for a workout. The virtual program is included in all active memberships, or you can purchase an unlimited monthly class pass. Please call 847.353.7500 for more information.

Continued Safety Precautions: While we have always made safety and cleanliness a top priority at the Fitness Center, the pandemic required us to put even more emphasis on those areas. We will continue to maintain those high standards as we move into Phase 5 and beyond.

Social Distancing: We still encourage all members to practice social distancing as best they can, even after entering Phase 5. Whenever possible, please maintain at least 6 feet of distance between yourself and other members.

** If your membership is coming off a freeze and your credit card is not currently updated, please contact us at 847.353.7551 to put a new credit card number on file. Also, the two-week membership credit from March 2020 is only available to members who did not come off of a freeze before June 15, 2021.*

If you have any questions, comments, or concerns regarding our Phase 5 plan, please email Joe Zimmermann at joe@bgparks.org.



FITNESS CENTER
at the Buffalo Grove Park District