

# Adult Sports

## Fall Softball League

Games for the fall softball league are played at Mike Rylko Community Park. These fields are located on McHenry Road (Rt. 83), in between the Golf Dome and Fitness Center. Games will begin in August, with all teams playing a 10-game season, and a league tournament at the end of the season for the top 4 teams in each league. Captains can print information packets and can find additional information at [teamsideline.com/bgparcs](http://teamsideline.com/bgparcs). All players must fill out an online waiver in order to play. Registration is open to all teams from June 1 through August 22. Teams can either register online, or fill out a registration form at the Alcott Center during normal business hours. For more information, please contact TJ Wilkes at 847.850.2199 or [twilkes@bgparcs.org](mailto:twilkes@bgparcs.org).

**Age:** 18 years and up

Code	League	Day	Date	Time	Fee
110210-01	Open	Mon	Aug 30 - Oct 4	6 pm - 11 pm	\$685
110210-02	Open	Tue	Aug 31 - Oct 5	6 pm - 11 pm	\$685
110210-05	Open	Thu	Sept 2 - Oct 7	6 pm - 11 pm	\$685

**Location:** Mike Rylko Community Park

## Fall Softball Field Supervisors

The Buffalo Grove Park District is looking for field supervisors for the adult fall softball season. Field supervisors are responsible for setting up fields and overseeing the adult softball leagues. Games start in late August and run thru October. High School students and adults are encouraged to apply. For more information, contact T.J. Wilkes at 847.850.2199 or [twilkes@bgparcs.org](mailto:twilkes@bgparcs.org) for more information.

## Adult Informal Basketball

Informal pickup games with plenty of court time are a great way to work up a sweat, and work off those office tensions. Please bring both a white and a dark shirt to each session. Register early before the program fills up. Drop-in registration will be capped at 20 players. The drop-in fee is \$6. For more information, please contact Brian O'Malley at 847.353.7529 or [brian@bgparcs.org](mailto:brian@bgparcs.org).

**Age:** 18 years and up

Code	Day	Date	Time	R/NR Fee
210204-01	Sun	Sep 26 - Nov 21	8 - 10 am	\$50/\$63

**Location:** Prairie School

## Co-Rec Volleyball

For noncompetitive and informal games, our co-rec volleyball is a great way to enjoy this fun sport. Register early for this popular program. For more information, please contact Brian O'Malley at 847.353.7529 or [brian@bgparcs.org](mailto:brian@bgparcs.org).

**Age:** 18 years and up

Code	Day	Date	Time	R/NR Fee
210213-01	Mon	Sep 20 - Nov 22	7 - 9 pm	\$50/\$63

**Location:** Cooper Middle School

## Pickleball

Pickleball is a racquet sport that combines elements of badminton, tennis and table tennis. It is played with a hard paddle and a wiffle ball on a court, with the same dimensions as a doubles badminton court. The net is similar to a tennis net; however, it is 2 inches lower. Bring a group of friends out, and give this addictive game a try. Equipment is provided. For more information about pickleball and its rules, visit [usapa.org](http://usapa.org). **Please note:** You may also just show up and pay a drop in fee of \$5. For more information, please contact Chuck Burgess at 847.850.2125 or [chuck@bgparcs.org](mailto:chuck@bgparcs.org).

**Age:** 18 years and up

Code	Day	Date	Time	R/NR Fee
210209-01	Wed	Oct 6 - Dec 15	6:30 - 9:30 pm	\$50/\$63
210209-02	Thu	Oct 7 - Dec 16	6:30 - 9:30 pm	\$50/\$63

**Location:** Ivy Hall School

## Karate

Release tension, develop total body fitness, and build stamina and overall productivity. In addition to self-defense skills, karate increases flexibility, cardiovascular endurance and muscle tone, while improving core strength. All classes are taught by instructors of the Illinois Shotokan Karate Club, under the direction of John DiPasquale, 4-time National Champion and former U.S. Karate National Coach. Frontier Park is located at 1933 N. Kennicott Drive in Arlington Heights. For more information, please contact TJ Wilkes at 847.850.2199 or [twilkes@bgparcs.org](mailto:twilkes@bgparcs.org).

**Age:** 15 years and up

Code	Belt	Day	Date	Time	R/NR Fee
210201-06	Red - Yellow	Wed	Sep 15 - Dec 22	5 - 5:55 pm	\$180/\$225
210201-01	Blue - Purple	Wed	Sep 15 - Dec 22	6 - 6:55 pm	\$180/\$225
210201-02	Brown Only	Wed	Sep 15 - Dec 22	7 - 8:10 pm	\$206/\$258
210201-05	Black Only	Wed	Sep 15 - Dec 22	8:15 - 9:45 pm	\$229/\$286

**Instructor:** ISKC

**Location:** Emmerich Park

210201-04	Green - Black	Thu	Sep 9 - Dec 23	8:30 - 9:45 pm	\$206/\$258
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**Instructor:** ISKC

**Location:** Frontier Park - A.H.