

Snack List

On the days you sign up for, please bring a small snack from the following list. Your teacher can confirm how many students are in your child's class. Snacks must be in unopened boxes/bags or individually prepackaged. **We do have children with severe allergies to certain foods, so please choose your snack from the following list.** You can take this list with you to the grocery store for help.

If you choose to bring juice it must be 100% juice. Apple juice needs to be pasteurized. If no juice is provided, we will serve water. Napkins and cups are provided by the preschool. This list does not endorse any specific store or brand.

Fruit & Vegetables

- Fresh Bananas
- Pre-packaged bags of sliced apples
- Pre-packaged fresh vegetables i.e.: a bag of baby carrots
- Mott's Applesauce (Original, Cinnamon, Natural, Pear, Granny Smith, Blueberry Delight)
- Musselman's Applesauce
- Dole" Diced Fruit Cups (Mandarin Oranges, Pineapple, Peaches)
- Del Monte Diced Fruit To-Go Cups (Mango, Pineapple, Pears, Mandarin Oranges, Peaches)
- Sunmaid Natural California Raisins (Plain only), Cranberries (Plain only)
- Ocean Spray Craisins (Original Dried Cranberries ONLY)
- Stretch Island Fruit Co- All Natural Fruit Strips (Summer Strawberry, Autumn Apple, Ripened Raspberry, Harvest Grape)
- Archer Farms Organic Real Fruit Strips

Dips – T. Marzettis only - Carmel apple dip, Ranch or Dill veggie dip

Pretzels

- Rold Gold Pretzels (Classic Style, Low Fat, Fat Free): Sticks, Tiny Twists, Rods, Thins, Honey Wheat Braided Pretzel Twists
- Nabisco Handi Snacks- Mister Salty Pretzels n' Cheez Dip

Crackers

- Pepperidge Farm Goldfish – cheddar, plain or pretzel
- Annie's homegrown Bunnies - cheddar or white cheddar
- Nabisco Honey Maid – Original, Honey & Cinnamon Graham crackers/sticks
- Keebler Club Crackers (Original, Reduced Fat, Multigrain)
- Cheez-its Crackers (Original, Reduced Fat, Scrabble Junior, Whole Grain, Gripz Snack Pack)
- Nabisco Handi Snacks: Premium Breadsticks n 'Cheeze Dip, Ritz Crackers-n-Cheese Dip
- Nabisco Premium Soup & Oyster Crackers
- Quaker Rice Cakes (Caramel Corn, Cheddar Cheese, Apple Cinnamon, White Cheddar, Lightly Salted)

- Nabisco Ritz Crackers: (Original, Whole Wheat, Reduced Fat, Hint of Salt, Original Fresh Stacks, Whole Wheat Fresh Stacks)
- Kellogg's Special K Cereal Bars (Red Berries, Chocolately Pretzel, Raspberry Cheesecake, Chocolately Strawberry)

Cookies

- Nabisco Teddy Graham Crackers (Honey, Cinnamon, Chocolate, Chocolate Chip, Apple)
- Nabisco Nilla Wafers (Original, Mini, Reduced Fat)
- Nabisco Barnum's Animal Crackers (Original)
- Nabisco Fig Newton's (original)

Dairy (If you do not have a milk allergy in your class)

- Cheese cubes
- Sliced or string cheese

Birthdays

We can help celebrate your child's birthday at school! You can request a date close to your child's birthday to bring snack/be parent helper. Summer birthdays can also be given special dates to celebrate. Though treats are not encouraged, please discuss any special snacks with your child's teacher first. Any snack brought on that day must be from the approved snack list. We will sing and make your child feel special. No goodie bags or extra items please.

For Birthdays Only:

- Kellogg's Fruit Snacks (Any flavor)
- Market Pantry (Target) Fruit Snacks (Strawberry, Mixed Fruit, Mixed Berry, Wild Fruit)
- Mott's Assorted Fruit Snacks (Original, Medleys)
- Nabisco Chips Ahoy!: Original, Reduced Fat, Mini, Chewy Real Chocolate Chip Cookies, Chewy Soft Cookies, Chunky (Chocolate)
- Nabisco Chips Ahoy Thin Crisps (100 Calorie packs)
- Nabisco Oreo Sandwich Cookies (Original, Reduced Fat, Heads or Tails, Minis, Golden, Golden Chocolate, Chocolate Crème)
- Nabisco Oreo THINS Sandwich Cookies (Chocolate, Golden, Mint)
- Nabisco Oreo Thin Crisps (100 Calorie packs)
- Mini-cupcakes (not full sized). Must be labeled nut free, and have clear product label.