

Pool Rules

- Showers are required before entering the swimming pool, sauna, therapy pool, hot tub or steam room. Appropriate swim apparel is required while in these areas and must be clean.
- Individuals with apparent open wounds or sores, infections, bandages of any kind, or excessive sunburn are not allowed in the lap pool, warm water therapy pool, hot tub, co-ed sauna or steam rooms.
- Anyone under the influence of alcohol, drugs or who exhibits erratic behavior will not be permitted in the pool area.
- Anyone who is not toilet-trained must wear appropriate undergarments made for water use.
- No running, diving, pushing, wrestling or horseplay is allowed.
- No food, gum, beverages or glass bottles are permitted in the pool areas.
- Please wear the blue shoe covers provided when walking around the pool area in street shoes.
- Wheelchairs and baby strollers are allowed in the pool area.
- Cell phones, cameras or video equipment are not permitted in the locker rooms or the pool area. Cell phones are only permitted in the lobby and café.
- When no lifeguard is on duty, swim at your own risk. We do not recommend that you swim alone.
- Lifeguards are provided to enforce safety rules for everyone's protection and to respond to emergencies. Please respect the lifeguard's directions for your safety and that of others.
- Parents or guardians must supervise their children at all times around water.
- Children ages 15 and under may use the lap pool and therapy pool only during facility family hours as long as they are accompanied and supervised by a parent. Children are not allowed in the hot tub, co-ed sauna, steam rooms, or men's and women's locker rooms.
- Please keep our pool areas clean:
 - » Return kickboards, buoys and other swim related devices to their bins when finished.
 - » Discard used towels in designated towel bins.
 - » Return shoe covers to the basket.

These rules are designed to keep our facility clean, organized and safe, and to ensure a great experience for our members and guests. Please abide by them to create the best atmosphere possible for everyone.