

FENCING

Fencing 1 - Beginner

This class is for beginner fencing students. Participants will work on coordination, balance and speed, along with blade and footwork. Proper fencing techniques will be taught, with an emphasis on foil fencing. **No class on November 25.**

Ages: 8 - 18 years

Code	Day	Date	Time	R/NR Fee
26142001	Thur	Oct 14 - Dec 9	4:30 - 5:45 pm	\$224/\$264

Instructor: Senoglu

Fencing - Private Lessons

Private fencing lessons in foil and Sabre are taught Seden Senogula. Lessons taught online or in person depending on experience. Students will work on coordination, balance, speed, along with blade and footwork. Please contact Jenay Gordon jgordon@bgparks.org or call 847.353.7577.

For more information on any of our Fencing programs, contact [Jenay Gordon](mailto:jgordon@bgparks.org) at 847.353.7577 or jgordon@bgparks.org.



FITNESS CENTER
at the Buffalo Grove Park District

