

2018 TWISTED TURKEY TRIATHLON

Participants must be 16+

Sunday, November 18 • 7:30 - 9 am

Fitness Center at the Buffalo Grove Park District - 601 West Deerfield Parkway, Buffalo Grove, IL



SWIM 10

10 minute indoor Swim



RUN 20

20 minute indoor Run



RIDE 40

40 minute indoor Ride

Program Code: 211480-01

\$20 Member

\$30 Nonmember Resident

\$35 Nonmember Nonresident

For more information, or to register,
call Jodi DiTomasso at 847.353.7517.

*Finishers
T- Shirt to all
participants.*

PARTICIPANTS ARE REQUIRED TO BRING:

- Swim attire and goggles
- Run/Bike attire and proper running shoes
- Water Bottle
- Attitude!



FITNESS CENTER
at the Buffalo Grove Park District

SPACE IS LIMITED, SO REGISTER EARLY.