

### Junior Level 1

Our junior golf program is designed to present the fundamentals of the sport, including the physical skills, rules, etiquette and preparation for the golf course. There will be instructional materials provided, along with practical instruction. Juniors will be evaluated at the end of each session on performance, in order to continue on to the next level. Golf clubs will be provided if needed. The fee for all classes includes a practice time punch card for 10 visits of 15 minutes each. (LH)

Age: 7 - 12 years

Code	Day	Date	Time	R/NR Fee
261503-01	Tue	Sept 11 - Oct 9	4 - 4:45 pm	\$120/\$150
261503-02	Fri	Sept 14 - Oct 12	4 - 4:45 pm	\$120/\$150
261503-03	Tue	Nov 13 - Dec 11	4 - 4:45 pm	\$120/\$150
261503-04	Fri	Nov 16 - Dec 14	4 - 4:45 pm	\$120/\$150

Instructor: Takamura

Location: Golf Dome

### Junior Level 2

This class is designed to continue advancing the student, by improving swing mechanics, posture, grip and alignment. The finer points of the short game (chipping and pitching) will also be explored. Golf clubs will be provided if needed; and, all participants must have completed Level 1. The fee for all classes includes a practice time punch card for 10 visits of 15 minutes each. (LH)

Age: 7 - 12 years

Code	Day	Date	Time	R/NR Fee
261505-01	Tue	Sept 11 - Oct 9	5 - 5:45 pm	\$120/\$150
261505-02	Fri	Sept 14 - Oct 12	5 - 5:45 pm	\$120/\$150
261505-03	Tue	Nov 13 - Dec 11	5 - 5:45 pm	\$120/\$150
261505-04	Fri	Nov 16 - Dec 14	5 - 5:45 pm	\$120/\$150

Instructor: Takamura

Location: Golf Dome

### Adult Level 1

This instructional class is designed to introduce students to grip, posture, alignment, and the fundamentals of the game. All aspects of golf will be covered, including the full swing, short game and putting. Golf clubs will be provided if needed. The fee for all classes includes a practice time punch card for 10 visits of 15 minutes each. (LH)

Age: 13 years and up

Code	Day	Date	Time	R/NR Fee
211501-01	Tue	Sept 11 - Oct 9	6 - 7 pm	\$130/\$163
211501-02	Sat	Sept 15 - Oct 13	9 - 10 am	\$130/\$163
211501-03	Tue	Nov 13 - Dec 11	6 - 7 pm	\$130/\$163
211501-04	Sat	Nov 17 - Dec 15	9 - 10 am	\$130/\$163

Instructor: Takamura

Location: Golf Dome

### Adult Level 2

This instructional class is designed for the experienced golfer, interested in improving swing mechanics. The fundamentals (grip, posture and alignment) will be reviewed; and, the finer points of the short game (chipping and pitching) will be worked on in detail. Golf clubs will be provided if needed. The fee for all classes includes a practice time punch card for 10 visits of 15 minutes each. (LH)

Age: 13 years and up

Code	Day	Date	Time	R/NR Fee
211504-01	Tue	Sept 11 - Oct 9	7 - 8 pm	\$130/\$163
211504-02	Sat	Sept 15 - Oct 13	10 - 11 am	\$130/\$163
211504-03	Tue	Nov 13 - Dec 11	7 - 8 pm	\$130/\$163
211504-04	Sat	Nov 17 - Dec 15	10 - 11 am	\$130/\$163

Instructor: Takamura

Location: Golf Dome

# WALK the DOME

Made possible by a generous donations from



GOLF DOME  
at the Buffalo Grove Park District

Do you enjoy walking for exercise, but hate braving the elements during the winter months? Get out of the cold! November 12 through April 12, the Buffalo Grove Golf and Sports Center is open to walkers Monday thru Friday mornings from 8 - 9 am. Thanks to a generous donation by Culver's of Buffalo Grove, there is no fee. No registration required, just show up and join the fun.