

Buffalo Grove Park District
AQUATICS

Buffalo Grove High School Pool

1100 W. Dundee Road

Aquatics Hotline: 847.235.6857

Lifeguard Training

This class is for anyone who wishes to be lifeguard certified; and, it is the perfect time to gain your certification. The fee includes all books and materials. You will be spending time in the water each day; so, be ready to swim on the first day. All graduates will receive Starguard Lifeguard Certification. To be eligible for this class, candidates must be 15 years old by the last day of class, and be able to complete a prerequisite skills test that includes a 300-yard swim using freestyle and breaststroke, and retrieval of a brick from the bottom of the pool. Candidates who cannot complete the prerequisite skills test will be dismissed from the program, and granted a partial refund. Attendance at all sessions is required - both virtual and in-person sessions. All candidates will need to complete the pre-course study prior to the first day; an email will be sent out with that link. For more information, contact Jenn Foreman at 847.850.2110 or jforeman@bgparks.org.

Age: 15 years and up

Code	Day	Date	Time	R/NR Fee
410320-01	M, W	Apr 5 - Apr 24	5 - 9 pm	\$250/\$313
	Sat		9:30 am - 1:30 pm	

Instructor: Staff
 Location: Buffalo Grove High School

Private Lessons

These lessons will help develop and refine strokes, so students can swim with ease, efficiency, power and smoothness. They are also designed to help focus on water safety skills, while progressing through various swim strokes. Private lessons are provided with a 1:1 student to instructor ratio. There will be a swim test on the first day of lessons. For more information, contact Jenn Foreman at 847.850.2110 or jforeman@bgparks.org.

Age: 8 years and up

Code	Day	Date	Time	R/NR Fee
460319-01	Sun	Mar 7 - Apr 25	9:15 - 9:45 am	\$150/\$188
460319-02	Sun	Mar 7 - Apr 25	10 - 10:30 am	\$150/\$188
460319-03	Sun	Mar 7 - Apr 25	10:45 - 11:15 am	\$150/\$188

Instructor: Staff
 Location: Buffalo Grove High School

For more information about aquatics programs, please contact Jennifer Foreman at 847.850.2110 or jforeman@bgparks.org.

