

# Adult Classes

## Drawing & Painting S

Discover the joys and magic of painting in oils and acrylics under the guidance and inspiration of professional artist Enid Silverman. Beginning, intermediate and advanced students will be given individual attention as they are taught how to develop and improve their drawing and painting skills, while choosing their own subject matter. Beginners will be given supplies for the first class. Thereafter, participants will be required to purchase minimal supplies as needed. You can see Enid's artist show Tuesdays at 7:30 pm on local access channels 19 and 35. (CE)

**Age:** 18 years and up

Code	Day	Date	Time	R/NR Fee
41010701	Tue	Apr 18 - May 30	10 am - 12 pm	\$75/\$94
41010702	Tue	Apr 18 - May 30	1 - 3 pm	\$75/\$94
41010703	Tue	Apr 18 - May 30	7 - 9 pm	\$75/\$94
41010704	Wed	Apr 19 - May 31	1 - 3 pm	\$75/\$94
41010705	Wed	Apr 19 - May 31	7 - 9 pm	\$75/\$94

**Instructor:** Silverman

**Location:** Alcott Center

## Introduction To Voiceovers

Are people always telling you that you have a great voice? Do you often find yourself listening to your favorite audiobook, commercial or cartoon character and thinking, "I could do that"? This fun and empowering 90-minute introductory workshop covers the different types of voiceovers and what tools are needed in order to find success in the industry. Your instructor (a professional voice actor) will coach you in this one-on-one video chat setting, as you read from real scripts, taking notes on your performance, so you can receive a professional voice evaluation later. After class, you will have the knowledge necessary to help you decide if this is something you'd like to pursue. (CE)

**Age:** 18 years and up

Code	R/NR Fee
41011701	\$49/\$61

**Instructor:** Voices For All **Location:** Online

## Fun With Beading

This course is designed to help participants learn basic beading skills. Class members will design, develop and make custom beaded necklaces and bracelets. The first session will introduce beading techniques and help participants design and make a bracelet. The second session will enable class members to produce a necklace. For the first session, bring a towel on which to work, and a string of beads. For the second session, bring a strand of beads 12" to 16" in length, and (if desired) a pendant to compliment the beads. The instructor will furnish the wire, clasp, crimps, tools, and some filler beads to compliment your jewelry. Beads can be bought at local craft shops, which often advertise discount coupons in the Sunday newspapers. (CE)

**Age:** 18 years and up

Code	Day	Date	Time	R/NR Fee
41010201	Wed	Apr 19 - Apr 26	1 - 2:30 pm	\$17/\$21
41010202	Tue	May 9 - May 16	10 - 11:30 am	\$17/\$21

**Instructor:** Blackman

**Location:** Alcott Center

## Mah Jongg - Choosing Your Hand

Choosing your hands is one of the hardest things for any player. This intermediate level class will focus on effective analysis of hand selections. A better knowledge of the NMJL 2016 card will be highly encouraged, and could result in achieving better outcomes and game success. This class will not cover the basic foundations of the game that are covered in a beginner Mah Jongg class. Mah Jongg sets are encouraged, but not required for this class. Mah Jongg cards are required, and can be purchased for \$9. They will be supplied by the instructor at the first class. Students already having a 2016 National Mah Jongg League published card are exempt. (CE)

**Age:** 18 years and up

Code	Day	Date	Time	R/NR Fee
41017301	Tue	Apr 18 - May 23	9:30 - 11:30 am	\$68/\$85
41017302	Wed	Apr 19 - May 24	6:30 - 8:30 pm	\$68/\$85

**Instructor:** Max

**Location:** Alcott Center

## Do You Need Help Uncluttering Your House, Car, Papers & Files

Are your paper piles growing? Is it harder to find files or items in your home that you need or want? Is your basement so cluttered that you can no longer enjoy it? Is your car so full of stuff that you are unable to drive with passengers? Are you not having friends and family over because there is no place to sit, and you don't feel comfortable allowing visitors? Come and meet a professional organizer who can help you get out from under all that is cluttered. She will help you make your life become a stress free environment, while giving you tips on how to get on the right path to uncluttering. (CE)

**Age:** 18 years and up

Code	Day	Date	Time	R/NR Fee
41011901	Tue	Apr 18	7 - 8:30 pm	\$20/\$25
41011902	Thu	May 11	7 - 8:30 pm	\$20/\$25

**Instructor:** Stec

**Location:** Alcott Center



### Social Security - Learn About The Changes & When To Receive Benefits

This presentation will help participants understand how Social Security benefits work. During the presentation, we cover items including ideas to maximize Social Security income, and when to start receiving benefits. As people near retirement, one of the biggest financial decisions they will make is when to begin receiving their Social Security retirement benefits. With pensions disappearing, Social Security remains a major source of guaranteed lifetime retirement income for most people. It's so important to take the time to explore the options and make a well-informed educated decision. This presentation is free for anyone 55 and older. (CE)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
410174-01	Thu	Apr 20	7 - 8:30 pm	\$5/\$6

Instructor: Rosenbloom Location: Alcott Center

### Couponing 101

Help for your budget is coming thanks to this program! In this class, you will learn that how and when you shop can make a huge impact on your grocery costs when using coupons. In fact, your grocery bill is one of the best places to cut wasteful spending. Learn things like how to save 50% or more off your grocery bill, how sales run in cycles, coupon lingo, how to use rewards programs and more. (CE)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
410135-01	Thu	May 11	7 - 8 pm	\$7/\$9

Instructor: Ginsberg Location: Alcott Center

### Vegetable Gardening In Small Places

Lacking a big backyard does not mean that you can never have your own vegetable garden. This class will show you tips and techniques for making the most of limited space to grow a bountiful harvest of sweet, crunchy vegetables. (CE)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
410169-01	Mon	Apr 3	7 - 9 pm	\$10/\$13

Instructor: Lyons Location: Alcott Center

### Growing Terrific Tomatoes

Nothing compares to the sweetness and flavor of a fresh, home grown tomato. Mark Lyons, an experienced garden consultant, will show you how to successfully grow this juicy, mouthwatering garden fruit in your own backyard or container garden. (CE)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
410114-01	Mon	Apr 24	7 - 9 pm	\$10/\$13

Instructor: Lyons Location: Alcott Center

### The Container Herb Garden

Herbs are wonderful plants that add color and flavor to our meals, and health to our bodies. They are usually grown in a garden; but, they can also be grown in smaller, more enclosed spaces. An experienced herb and vegetable gardener will show you how to arrange and grow your favorite herbs on a smaller scale inside a container. (CE)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
410162-01	Mon	May 8 - May 15	7 - 9 pm	\$20/\$25

Instructor: Lyons Location: Alcott Center

### Beginning Dog Obedience

Learn how to be the Alpha your dog wants and needs you to be through positive reinforcement, leadership skills, and the 4-component treatment plan. We will cover basic obedience commands, but more importantly, how to have a well socialized and calm dog, with good house manners and impulse control. We will also work on desensitizing to stimuli (reactions to things such as other dogs, animals and people - basically anything that moves). Are you sending the correct message to your dog or reinforcing bad behavior? This class is for dogs 4 months and older. If your dog is under 4 months old and you want to be in the class, please contact Chris Eckert at 847.850.2123. (CE)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
410130-01	Thu	Apr 13 - May 25	6:30 - 7:30 pm	\$75/\$94

Instructor: Miss Daisy's Manners 4 Paws Location: Alcott Center

### Intermediate Dog Obedience

We will build on the basic commands learned in Beginning Dog Obedience, as well as impulse control and desensitizing to stimuli (reactions to things such as other dogs, animals, people and cars - basically anything that moves). We will also cover proper socializing, and if you are sending the correct message or reinforcing bad behavior. Your leadership skills will always be reinforced during this class. Some type of beginning dog obedience is a prerequisite before taking this course. **Please note:** A 20 foot long line (cloth training lead) is required. If we do not meet the minimum number of dogs required to run the class, registrants will have the option to join the beginning class while being taught the intermediate lesson. (CE)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
410131-01	Thu	Apr 13 - May 25	7:30 - 8:30 pm	\$75/\$94

Instructor: Miss Daisy's Manners 4 Paws Location: Alcott Center



## Buffalo Grove Police Department **CITIZEN POLICE ACADEMY**

Interested in seeing what it is like to be a Buffalo Grove Police Officer? Have you ever wanted to make a traffic stop, or catch the bad guys? If you answered YES to any of these questions, then the Citizen's Police Academy is for you!

### **ACADEMY OVERVIEW**

- February 22 – April 26
- 8 - week program meets once a week from 7 to 10 pm
- Classes are hands-on, educational and informative, designed to provide an overview of the various aspects of law enforcement
- Class size is limited to the first 20 applicants registered by February 15
- Participants must be 21 years old or older
- You must live or work in Buffalo Grove
- No fee to participate!

### **TOPICS COVERED INCLUDE:**

- » SWAT
- » Police Department Tour
- » Building Searches and Vehicle Stops
- » DUI and Traffic Enforcement
- » Firearms Safety
- » Crime Scene Investigations
- » Tour of 9-1-1 Call Center
- » Narcotics Safety
- » Internet Safety

*Applications are now being accepted for this exciting opportunity. For an application, please visit [www.vbg.org/police](http://www.vbg.org/police), or visit the front desk at the police department.*

*All applicants are subject to a background check and will be informed as to whether they have been accepted, denied or placed on a waiting list for a future class.*

Contact Officer Derken at 847.459.2560 with any questions.

# Walk the DOME

Through March 31, the Buffalo Grove Golf and Sports Center is open to walkers Monday thru Friday mornings from 8 - 9 am.

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